

78th International Conference

on Light & Vision

April 28th through May 1st, 2010



Special Pre-Conference Workshop-Wednesday April 28th With Marysol Gonzalez Sterling

Learn the therapeutic use of voice to determine color for optimal Health

Marysol will talk about how the vibratory coherence from the Solar spectrum, called the Bell Curve, can be seen or reached in the voice harmonics. This is called Solar coherence and shows how the emotion of enthusiasm increase the natural healing system of our body.

She will include using Photonics for harmonizing the body physically and emotionally with color and light.

Marysol Gonzalez Sterling, specializes in craniosacral somatic therapy and voice coherence. She is a metaphysical artist and creator of tools for consciousness. Marysol has written and published books on astrophysics and psychology.

Social Media-eyez – How You Can Effectively Use Social Media to Market Your Practice

with Dr. Nate Bonilla Warford, OD, FAAO

Wednesday April 28th from 7-9PM at the Sirata Beach Resort

We were able to pry Dr. Nate away from Twitter for a few hours to help you learn the skills and strategies to grow your professional and social network through this interactive workshop. Dr. Nate is an optometrist by day and definitely a social media pro by night! On Facebook, Twitter and through his blog, Dr. Nate has established himself as THE vision care expert in the Tampa Bay social media world. More than 1,000 people follow him on Twitter and he credits his use of social media for strengthening his optometry practice, Bright Eyes Family Vision Care. Dr. Nate is a great role model for us on how to effectively use social media to market your business. Beginners are especially welcome.

The fee for the workshop is \$18 and the tenth person to sign up will receive a copy of Social Media Marketing For Dummies . Space is limited.

Schedule of Events

April 28, 2010 -Wednesday

9:00-4:00 pm Pre-Conference Workshop
Voice to Color with Marysol Gonzalez Sterling

7:00-9:00 P.M. Social Media-Eyez
Dr. Nate Bonilla Warford, OD,
FAAO

8:00 pm Fellowship Examination

April 29, 2010 - Thursday

8:00– 9:00 am Registration

BASIC COURSE

9:00– 10:30 Syntonic History & Theory*
Larry Wallace, O.D., FCSO, President CSO

10:30-10:50 VISIT EXHIBITS

**10:50-12:00 Phototherapy: Testing, Diagnosis
and Treatment***

History, symptoms, ocular motility, pupils,
analytical data, visual fields, treatment,
management, prognosis
Cathy Stern, O.D., FCSO, FCOVD

Noon Exhibitor's Luncheon

1:00-2:00 Syndromes & Case Histories
Review of Basic Cases & Syntonic
Syndromes
Rob Fox, O.D., FCSO, FCOVD

2:00-4:30 Diagnostic Testing Lab
2:00-2:50 **Alpha Omega Pupil ***
John Pulaski, O.D., FCSO, Treasurer
2:50-3:40 **Color Visual Fields ***
Don Barniske, O.D., FCSO, CSO Vice
President

3:40-4:00 Visits Exhibits

4:00-4:30 Butts' String
Mary Van Hoy, O.D., FCSO, FCOVD

**4:30-5:30 Adrenal Fatigue and Optometric
Phototherapy**
Goeffe Heddle, O.D.

**5:30-6:15 John Ott Film: Exploring the
Spectrum**

7:00 CSO Board Meeting

DINNER ON YOUR OWN

April 30, 2010 - Friday

THIS MORNING WE SPLIT INTO 3 GROUPS

Group 1

8:30-10:30 Syntonics for Non-O.D./M.D
Alice Nixon, LCSW, BCS

Group 2

8:30-10:30 Syntonics for New O.D./M.D
Review Basic Concepts & Procedures
Betsy Hancock, O.D., FCSO, FCOVD
Stefan Collier, F.O., FCSO

**Group 3: 8:30-12:00 Syntonics for
Advanced O.D./M.D.**

**8:30-9:30 Morphogenetic Analysis and
Biotypes**

Larry Wallace, O.D., FCSO

9:30-10:30 Advanced Filters and Cases
Ray Gottlieb, O.D., FCSO

10:30-11:00 Visit Exhibits

11:00-12:00 Advanced Filters and Cases
Stefan Collier, F.O., FCSO

12:00-12:30 ADD-ADHD and Phototherapy
Ellis Edelman, O.D., FCSO

12:30-1:30 CSO Business Meeting
Box Lunch Provided

**1:30-2:30 Advanced Visual Fields
Measurements**
Denise Hadden BSc Hons,
FBOA, FSMC

**2:30-4:00 An overview of the Photobiology
Of Photobiomodulation**
Raymond Lanzafame, M.D.

4:00-4:30 Visit Exhibits

**4:30-5:30 Introduction to Lateral Light
Therapy**
Anadi Marte

May 1, 2010 - Saturday

**8:30-10:00 Why and How Color Therapy
Works and the Prescribing of
Binary Lenses**
Rick Collier, O.D.

10:00-10:20 Visit Exhibits

**10:20-11:50 Solar Coherence - the Prescribing
of Color Therapies**
Marysol Gonzalez Sterling

11:50-1:00 Lunch on Own

**1:00-2:00 A Study of Treating Glaucoma With
Syntonic Phototherapy**
Edward Kondrot, M.D., FCSO

**2:00-3:00 Medical Models of Spittler's
Contemporaries**
Sarah Cobb

3:30-3:45 Visit Exhibits

3:45-4:45 Advanced Diagnostics in Syntonics
Stefan Collier, F.O., FCSO

**4:45-5:30 Lyceum In Color
Panel Discussion and Questions**

7:00 pm Cocktail Party (No Host)

7:30 pm 78th Awards Banquet

***COPE approved**

Hotel Information

Sirata Beach Resort & Conference Center
5300 Gulf Blvd
St. Pete Beach, Florida 33706
Unite States
Phone: 727-336-5100
Website: Sirata. Com

Conference Room Rate: 169.00/Night

Parking Fee: \$8.00/day

Registration must be received by April 1st to receive this rate.

Room Cancellations must be received 48 hours prior to your reservation.

Directions : (See below)

From Tampa International I Airport (TPA)

Follow "Airport Exit" sign as you leave Tampa International Airport

Take the SR-60 Ramp toward I-275/DOWNTOWN-0.40 Miles. Merge onto N. Memorial Hwy/FL-60E for 0.27 miles.

Merge onto I-275S toward St. Petersburg. Stay on this road for 20.89 Miles

Merge onto FL-682 W. Via exit Number 17 toward PINELLAS BAYWAY/ST. PETERSBURG BCH (\$0.50 TOLL)

Stay on FL-682 for 4.41 Miles and then Turn Right onto GULF BLVD/FL-699N for 1.08 miles.

Sirata Beach Resort and Conference Center is located on the Left (West) side of Gulf Blvd.

From St. Petersburg-Clearwater National Airport (PIE)

Follow "Airport Exit" Signs leading to 49th St.

Turn LEFT (South) onto 49th St.

Turn Left (South-East) onto SR 686 (Roosevelt Blvd)

Keep RIGHT onto local roads (SR-686/I275S./St. Petersburg)

Road Name changes to SR-686 (Roosevelt Blvd N)

Take Ramp (Right) onto I275 (I275/St. Petersburg)

Stay on I-275 until Exit 17

Turn Right onto Ramp (SR-682/54th Ave, South /Pinellas Bayway/St. Petersburg Bch.)

Take Ramp (Right) onto SR-682 [54th Ave South] (SR-682/Pinellas Bayway/St. Petersburg BCH)(\$0.50 toll)

Turn Right onto Gulf Blvd./FL-699N

Sirata Beach Resort and Conference Center is located on the Left (West) side of Gulf Blvd.

Speaker Biographies

alphabetically

Don Barniske, O.D., FCSO, CSO Vice President

Dr. Barniske is a SCCO graduate where in 1973 he conducted research on color visual fields of children with learning disabilities. He was one of the first optometrist to use retinal CAT scans in a private practice. A Syntonic practitioner for over 20 years, he is currently investigating the impact of Syntonics on the retinal nerve fiber layer of vision therapy patients. His optometric practice is in Brawley, California, 150 feet below sea level.

Sarah Cobb

After over 25 years as an optometric vision therapist, Sarah Cobb now integrates various forms of light therapy into her practice. She has contributed over 20 articles on light and vision published internationally through the Optometric Extension Foundation as well as through the College of Syntonic Optometry. She invented numerous eye charts now used in vision training around the world. She practices AcuLight Vision Enhancement as well as other forms of light therapy, develops light devices, writes and lectures world-wide. Previously served as administrator for the College of Syntonic Optometry. Sarah Cobb is editor of the Journal of Optometric Phototherapy, an optometric journal that gives therapeutic light a voice in the academic community. Recently she was awarded the Harry Riley Spitler Award for invention and innovation in the field of light therapy.

Stefan Collier, F.O., FCSO, CSO Trustee

A functional optometrist, he is a leader in bring functional optometry & syntonics to Europe. He is General Secretary of SOE (European Society of Optometry); the founder and Vice President of WVAO (German Funct Optom Sec); and Liaison for CSO in Europe. In 1981 he started practicing functional optometry in Belgium & later in Holland. In 1990 he co-founded Optomatters, to design VT equipment including state of the art syntonizers and visual field device. In 2001 & 2006 he received OEP's Armand Bastien Award.

Ellis Edelman, O.D., FCSO, CSO Trustee

A PCO grad and Gesell Institute Fellow, he runs the Mentor program for CSO & lectures about links between Syntonic and optometric VT. He practices Syntonics and VT in Newtown Square, PA.

Robert Fox, O.D., FCSO, FCOVD

Dr. Fox is a 1985 graduate of the SUNY State College of Optometry. He then completed a residency in Rehabilitative Optometry at the Northport VA Medical Center. Dr. Fox is a frequent lecturer on syntonics, lens prescribing, and vision care following strokes and brain injuries. He has published articles in the JOVD and the Journal of Optometric Phototherapy. Dr. Fox practices behavioral and syntonic optometry in Schenectady, New York.

Raymond Gottlieb, O.D., Ph.D., FCSO, Dean CSO

A UCBSO grad, he wrote "*The Psychoneurology of Nearsightedness*" (PhD thesis) and *Attention & Memory Training* (OEP 2005) & co-produced *The Road Without Glasses Method* DVD (Cambridge Institute for Better Vision) for presbyopia reduction. In Rochester, NY, he practices behavioral optometry & Syntonics. He is staff optometrist at a state hospital, a low vision specialist & is on the piano faculty at Chautauqua Institution.

Denise Hadden, BSc Hons, FBOA, FSMC

dhadden@cybermart.co.za

For 30 years Denise has explored the standard beliefs and practices of how to treat vision. Her journey in understanding how we see, led her to study Chinese Medicine and Counseling and to use vision exercises and colored light as tools in the process of discovering a new way of seeing. Her current area of interest and research is in her pioneering work using iridology analysis in the understanding of our fields of awareness. Denise has expanded her studies to Coaching and has found that the profound awareness's often experienced during coaching processes correlate with our ability to see peripherally.

She is currently in private practice in Cape Town, South Africa.

Betsy Hancock, O.D., FCSO

Dr. Hancock is a PCO graduate with a MS in App. Soc. Research from Hanamann University. She is a CSO mentor, past CSO Librarian and Trustee, and co-chair of The Reading Seminar of Advanced Behavioral Vision. She and her father, Walton Hancock, PhD., developed the Hancock Home Therapy Syntonic Unit. She practices behavioral and Syntonic optometry in Bloomsburg, PA.

Geffe Heddle, O.D. gheddle@hotmail.com

Dr. Heddle practices Optometry in St. Joseph, MI, and South Bend, IN.
Dr. Heddle received his Doctor of Optometry degree from Indiana University.
At an early Dr. Heddle became very active in athletics, and was exposed to Chiropractic and Naturopathic Health Care. His passion in the two areas sports and health care have led to a keen interest in the connection between function and performance of the human body.

Dr. Edward Kondrot, MD(H),CCH, DHT, FCOS

He is a graduate of the Hahnemann Medical College in Philadelphia in 1977. He is a Board Certified Ophthalmologist who completed his Ophthalmology training at St. Francis Hospital in Pittsburgh and the Scheie Eye Institute in Philadelphia in 1981. He received his Diploma from the Hahnemann Homeopathic College in 1996 and certification by the Council of Homeopathic Certification in 2000 and the American Board of Homeopathy in 2002. He has recently become a member of the College of Optometrists in Vision Development and a fellow of the College of Syntonics. He has been integrating Homeopathy in his practice since 1990.

He is the author of *Healing the Eye the Natural Way: Alternative Medicine and Macular Degeneration*, and *Microcurrent Stimulation: Miracle Eye Cure*. He is a contributing author in the *Clinician's Rapid Access Guide to Complementary & Alternative Medicine*, Mosby. He also revised the Eye and Vision Chapters in *Synthesis, Repertorium Homeopathicum Syntheticum* a leading homeopathic textbook.

He is a popular lecturer on alternative therapies in the treatment of eye disease. He has established the Restore Vision Foundation, a non-profit Arizona Corporation, to develop educational programs to train eye doctors in alternative therapies to prevent vision loss.

His office and educational facility is located in Phoenix, Arizona. His web page is www.healingtheeye.com and he can be reached at 1-800-430-9328.

Raymond J. Lanzafame, M.D., M.B.A., F.A.C.S.

Dr. Raymond J. Lanzafame graduated from Cornell University in 1974, and received his M.D. from George Washington University in 1978, and an MBA from the William E. Simon School of the University of Rochester in 1999. He is certified by the American Board of Surgery and the American Board of Laser Surgery. He is a member of 24 organizations including: The American College of Physician Executives, Society of University Surgeons, SAGES, Central Surgical Association, The Society for Surgery of the Alimentary Tract, and The Society of Laparoscopic Surgeons. He is Editor-in-Chief of *Photomedicine And Laser Surgery*, and is on the Editorial Boards of *General Surgery News*, *Journal of Laparoendoscopic Surgery*, *Journal of the Society of Laparoscopic Surgeons*, *Lasers in Surgery and Medicine*, *Lasers In Medical Science*, and serves as a Referee for *Surgical Endoscopy*, and the *Journal of the American College of Surgeons*, and Consulting Editor of the *Biomedical Optics Newsletter*. He is past president of the Upstate Chapter of the American College of Surgeons and the American Society for Laser Medicine and Surgery. He has testified before FDA hearings on device regulation, participated in NYS DOH and national panels on lasers and laser safety (ANSI Z136.3, 1996, 2008), credentialing issues, and review for laparoscopic surgery, and managed care. He has been appointed as a consultant to the General and

Plastic Surgery Devices and other panels of the Medical Devices Advisory Committee of the FDA's Center for Devices and Radiological Health. He has performed case reviews for NYS OPMC and medicolegal consulting, and has served as a scientific reviewer for NIH. He serves as a consultant for various biomedical technology companies and has received more than \$3 million in grants and equipment. His publications include over 225 scientific papers and 3 textbooks. He is the recipient of numerous awards, including listings in 8 Who's Who publications. He has served as the Director of the Rochester General Hospital Laser Center from 1983 to 2005. He served as Young Surgeon Representative of the Upstate Chapter of the American College of Surgeons (1992), and was awarded the Ellet Drake Lectureship Award (1999) by the American Society for Laser Medicine and Surgery for outstanding contributions to teaching and innovation. Dr. Lanzafame received Presidential Citation Awards from the American Society for Laser Medicine and Surgery (2000, 2006, and 2008) and the Society's William B. Mark Award in 2001. He currently serves as the Director of Continuing Medical Education for ASLMS. He was president (2005-2008) of the North American Association for Laser Therapy (NAALT). He is a member of the Board of Trustees of the Society of Laparoscopic Surgeons and also serves as its past president and CME director. Dr. Lanzafame served as Vice President for Medical Affairs at Lakeside Memorial Hospital in Brockport, New York from 2004-2006. Dr. Lanzafame is an active clinical surgeon, who is active on numerous RGH committees and the RGH Foundation Board of Directors, in addition to active participation in the Monroe County Medical Society's Community Internship and Scholarship Committees and its Board of Directors.

Anadi Martel, M.Sc.

After acquiring a solid scientific training through graduate studies in Physics, Anadi A. Martel went on to live in an ashram in India for a few years. Since then, he has been applying his intimate knowledge of electronics to the development of instruments working in novel ways with sound, light, and brainwaves. His Spatial Sound Processors have been used worldwide by professionals in psychoacoustics, multimedia and cinema. His work has led to patents in the field of Light Modulation, and recently in LED-based design. When not earning his living as a hi-tech design consultant for various companies such as Philips, Walt Disney World, OSIM and Cirque du Soleil, he can mostly be found in his house in the Canadian forest, working to refine the Sensora, a multi-sensorial environment combining many of his inventions. He is president of Sensortech Inc. (www.sensora.com), a small R&D company, and can be contacted at info@sensora.com. He is a founding member of the *International Light Association*.

Alice Nixon, LCSW, BCD

Alice Nixon is Exec. Director & Co-founder of Spectrum International Inst. For Wellness, Education and Research, Exec. Dir. of Brain Breakthrough, Inc., a psychotherapy practice offering biofeedback, psychological, psychophysical, light, sound & vestibular therapies. An international presenter, Alice conceived and produced the Light & Sound 2000 Conference in Chicago.

John Pulaski, O.D., FCSO, CSO Treasurer

Dr. Pulaski is a graduate of NECO and Gesell Institute. In Waterbury, Connecticut he runs a multi-office, multi-doctor general optometry practice that specializes in CL, VT, Syntonics and neuro-optometric rehabilitation and general optometric care for nursing homes. He was State Police Surgeon for the Connecticut Dept. of Public Safety.

Marysol Gonzales Sterling

In 1997, Marysol started teaching Biosonic Cranial in the Cranial Osteopathy school. She copyrighted the manual on Biosonic Cranial with many graphics on the ways to analyze the voice with computer chromatic style, illustrating how to use it in conjunction with Cranial Osteopathy and tuning forks. She created a series of tuning forks that were produced in Granton Ragg in Sheffield, England. Also has taught a course on Biosonic Cranial for the Omega Institute, in Rhinebeck NY, giving theories on voice analysis. Exhibited voice analysis techniques in several conferences in Spain and in Puerta Toledo Foro

Magico. Continued research on the relationship between octaves in the voice and how to personalize it to the persons changing voice. Started Biosonic Cranial dolphin interaction intensives with patients and research with voice analysis, EKG and EEG.

Cathy Stern, O.D., FCSO, FCOVD, CSO Trustee

Dr. Stern is a behavioral optometrist who presents national and international workshops for health/wellness professionals. She is a Fellow of CSO, COVD and NORA. Dr. Stern is state coordinator for COVD and MA keyperson for the AOA Sports Vision Section. She is a recognized leader in vision therapy and maintains a private practice in Canton, MA is limited to optometric vision therapy, neuro-optometric rehab and syntonics.

Mary Van Hoy, O.D., FCSO, FCOVD

Dr. Van Hoy's solo practice in Carmel, Indiana is limited to vision therapy and visual rehabilitation. She is a trustee member of the College of Syntonic Optometry and Indiana State Coordinator for the College of Optometrists in Vision Development. A frequent lecturer

Larry Wallace, O.D., PhD., FCSO

lbwallace@twcny.rr.com

Dr. Wallace graduated from the New England College of Optometry in 1973. He is a member of COVD, NORA, OEP, CSO, AOA, The Academy of Preventive Medicine and the President of the College of Syntonic Optometry. Dr. Wallace is the inventor of the Electrostim Device, a bioelectronic device for treating macular degeneration and other retinal diseases, which underwent field investigation throughout the United States. Dr Wallace's patent is now in use by Scyfix, a biomedical company, which is now completing FDA Trials for the treatment of retinal disease using microcurrent therapy. Dr. Wallace organizes workshops, lectures around the world, and publishes articles on vision therapy, Syntonics (phototherapy), and preventive care.

Conference Fees

Pre-Conference Workshop

With Marysol Gonzalez Sterling \$150.00 \$_____

Social Media-Eyez \$ 18.00 \$_____

Conference Registration

CSO/SOE/ACS Members \$595.00 \$_____

Non Members: O.D./
Other professionals \$660.00 \$_____

Associates/Affiliates members \$475.00 \$_____

O.D. Students (for handouts
and food) \$255.00 \$_____

First Time Registrants
Please add \$ 75.00 * \$_____

Guest Meals
(including Banquet) \$225.00 \$_____

Extra Banquet Tickets \$ 70.00 \$_____

SAVE if you register before 04/01/2010 \$ -50.00

Fellowship Exam \$125.00 \$_____

Total in US Dollars: \$_____

* For The Blue Book, *The Syntonic Principle* by Dr. Spitler and 2010 membership.

Registration Information

Name _____

Professional Title _____

Business Address _____

Home Address _____

City _____ State _____

Zip Code _____ Country _____

Business Name _____

Work Phone _____

Home Phone _____

Fax _____

Email _____

Web Page _____

Guests:

Name _____

Name _____

Vegetarian: # _____

Help me find a roommate: M___ F___

Send Check or Money order in US Dollars to:

College of Syntonic Optometry
2052 West Morales Drive
Pueblo West, CO 81007 USA

Fax Registration with Credit Card Information

to CSO at 719 547-3750

Visa/MC /Am Ex/Discover

_____ Exp _____

Signature: _____

Emails questions/inquiries to Syntonics@q.com